

Prayers Through the Day

- Lord, make me according to Thy Heart. (by Brother Lawrence)
- God of joy and sorrow, help me to do less judging of my life experiences as “good” or “bad” and to do more receiving of them as part of the process of spiritual growth. I trust that you will be my faithful companion and that you will strengthen me during my difficult times. Help me to grow though all the seasons of my life. (by Joyce Rupp, The Cup of Our Life)
- God, of your goodness, give me yourself, for you are enough for me. I can ask for nothing less that is completely to your honor, and if I do ask for anything less, I shall always be in want. Only in you I have all. (by Julian of Norwich)
- As you inhale, pray, “in your image...” As you exhale, pray, “I am created...” (by Susan Towner-Larsen and Barbara Brewer Davis With Sacred Threads)
- Lord, help me not only to appreciate my friends but, like you, to be a friend: to give as well as receive, to be alert and available to them as you were. Bless each of those that you have put in my life’s pathway, and who brighten the dark days with their friendship, and make the bright days even more beautiful in their generosity, and graciousness. Each is a reflection of you, Lord, and through them I have learned to know you better, for we love God with the same hearts with which we love our friends. Thank you for giving them to me, so that I have learned to love. (by Sister Hester Valentine)
- Why should I worry? It is not my business to think of myself. My business is to think of God. It’s His business to think of me. (by Simone Weil)
- My Father, I abandon myself to you. Do with me as you will. Whatever you may do with me, I thank you. I am prepared for anything, I accept everything. Provided your will is fulfilled in me and in all creatures I ask for nothing more my God. I place my soul in your hands. I give it to you my God, with all the love of my heart, because I love you. And for me it is a necessity of love, this gift of myself, this placing of myself in your hands in boundless confidence because you are my Father. (by Charles de Foucauld)
- My God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself and the fact that I think that I am following your will does not mean that I am actually doing it. But I believe that the desire to please you does in fact please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire...Therefore I will trust you

always...and you will never leave me to face my perils alone. (by Thomas Merton)

- Teach us, good Lord, to serve you as you deserve; to give and to not count the cost; to fight and not to heed the wounds; to toil and not to seek for rest; to labor and not to ask for any reward; except that of knowing that we do your will. (by Ignatius of Loyola)